GOVERNOR DOUGLAS A. DUCEY

STATE OF ARIZONA

PROCLAMATION

WHEREAS, 83 Arizona infants died due to unsafe sleep in 2017; and

WHEREAS, 60 percent of those infants died due to suffocation while co-sleeping or bed sharing; and

WHEREAS, sleep suffocation can be prevented by babies sleeping alone, on their back, in a crib with a firm mattress, tightly fitted sheet, and no other items in the sleep area; and

WHEREAS, parents and caregivers are encouraged to share their room, not their bed; and

WHEREAS, exposure to tobacco smoke greatly increases an infant's risk for sleep-related death, and smoking cessation help is available to those in need; and

WHEREAS, parents, grandparents, relatives, child care providers, and everyone caring for infants are encouraged to learn more about how to keep infants safe when they sleep, and use safe sleep practices every time their baby is put to sleep; and

WHEREAS, a simple conversation about safe sleep could save a life.

NOW, THEREFORE, I, Douglas A. Ducey, Governor of the State of Arizona, do hereby proclaim October 2019 as

SAFE SLEEP AWARENESS MONTH

and call upon the communities and individual citizens of Arizona to join in the efforts to promote safe sleep practices and reduce the risk of sleep-related deaths for infants.

GREAT SEAL OF THE STATE OF ARIZONA
DITAT DEUS
1912

IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of Arizona

Douglas A. Ducey

GOVERNOR

DONE at the Capitol in Phoenix on this thirtieth day of August in the year Two Thousand and Nineteen and of the Independence of the United States of America the Two Hundred and Forty-Fourth.

ATTEST:

SECRETARY OF STATE